

# Kairos Institute at the Center for Anthroposophy Summer Residency 2026



## Emergency Pedagogy

### Certified Courses with Bernd Ruf

in-person in Wilton, NH, July 5-10, 2026, Modules 5 and 11

**\*\*\*Open to All\*\*\***

#### Module 5

#### The Problem of School Shootings:

#### Addressing the Phenomena and Consequences for Perpetrator and Victim

This module will examine the **various perspectives on violent acts**:

1. **Phenomenology**: profile of perpetrator, motive, triggering, and the actual event
2. **Psychological perspective**: psychopath, psychotic, or traumatized perpetrator
3. **Social perspective**: family, school, and peers
4. **Cultural perspective**: media influence and access to weapons

We will examine the importance of preventing violent acts, develop strategies for acute intervention and follow-up care.

#### Module 11

#### Psychohygiene:

#### Self-Stabilization and Resilience-Building Protective Measures

Trauma is contagious. The price for helping traumatized individuals comes with the risk of “infection”. **How can we protect ourselves?** Psychohygienic and resilience-building measures are vital for maintaining balance in acute situations. This module offers techniques for self-stabilization and outlines long-term paths for inner development and schooling.



# Upcoming **Online** Modules with Bernd Ruf

**\*\*\*Open to All\*\*\***

## Module 6: Online May 22-23, 2026

### **Rituals, Violence, and the Transgenerational Transmission of Trauma**

This module explores the Kaspar Hauser Syndrome and examines the forms and consequences of ritualized trauma. It situates these experiences within the framework of complex trauma, highlighting how traumatic wounds can be transmitted across generations. Participants will explore the psychological and behavioral symptoms of transgenerational trauma and examine pathways toward healing, with a focus on interrupting the cycle of inherited trauma.

## Module 7: Online September 18-19, 2026

### **Addressing Major Natural and Human-made Disasters through Healing Communities and Animal-Assisted Therapy Interventions**

This module examines how catastrophes, such as floods, earthquakes, fires, and human-made disasters, including explosions, produce similar traumatic impacts on children, youths, and adults. Healing communities are foundational in overcoming and working through the consequences of collective trauma. Attention will be given to the healing potential of animal-assisted therapy in supporting trauma-informed pedagogy.

**The 12 Modules do not need to be taken in numerical order.**

**These courses are \*\*\*Open to All\*\*\***

**For more info and to register, visit:  
<https://bit.ly/BerndRuf2026>**

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